

LEGAL SERVICES

FCCH can refer you to Community Legal Clinics and Legal Aid Offices. You can also call Legal Aid Ontario at 416-979-1446 or visit www.legalaid.on.ca

- ❖ **Employment standards and rights?**
Harassment, racism and discrimination in the workplace?

Know your Rights & Responsibilities.
Contact the **Ontario Human Rights Commission** at 416-314-6526

- ❖ **Fired or laid off? Unemployed and looking for work?**

Contact the **Ministry of Labour** office about WSIB/WSIAT at 416-326-7160 or visit their website at www.gov.on.ca/lab

You may also be able to get **EI** benefits. Call Employment and Social Development Canada (**ESDC**) at 1-800-206-7218

- ❖ **Injured on the job?**

Call 416-344-1000 to find out if you are covered by **Workers' Compensation**

- ❖ **Need Welfare assistance?**

Apply for **Ontario Works** benefits by contacting 1-888-465-4478

- ❖ **Eligible for the Canada Child Tax Benefit (CCTB)? New and expecting parents?**

The CCTB phone no. is 1-800-387-1193

- ❖ **Starting a Business?**

Contact **Canada Business Service Centres** at 1-888-576-4444

- ❖ **Finding a Job?**

Go to www.jobsetc.gc.ca or www.jobbank.gc.ca

- ❖ **OFW/Migrants looking for consular and diplomatic assistance & protection?**

Contact **The Philippine Consulate General**
160 Eglinton Avenue East, 7th floor, Toronto
Tel: (416) 922-7181 Fax: (416) 922-2638
www.philcongen-toronto.com

Filipino-Canadian Community House

PROGRAMS

Life Skills and Adaptation:
Educational, inspirational and informative workshops

Forever Young & Stress-Free Health & Wellness Program:
Fitness, Dancing and Community Building

Social and Employment Networking Service

Youth Development Activities Skills Development and Leadership

1st, 2nd, and 3rd Saturdays of each month:
Programs: 10:00AM – 2:00PM

Monday – Friday and 4th Saturday
by appointment only - 9:00 AM - 5:00 PM
Lawrence Heights Community Centre
5 Replin Road, Room 16, Office 1

VOLUNTEER and BE INVOLVED!
Free Lunch and Free Snacks
during the Programs Workshop/Session.
To register for Programs, please attend any of the programs or contact us:

**Lotte Barham, Maria Guiao,
Merfa Bataclan and Ann Nacorda**
647-523-0747

filcanadiancommunityhouse@gmail.com



"Together we can make a difference"

Program Venue:

LAWRENCE HEIGHTS COMMUNITY CENTRE

5 Replin Road, Room 16, Office 1,

Toronto, ON M6A 2N3

Tel: 647-523-0747

VOLUNTEER
Give Back



BE A MEMBER





Welcome to the **Filipino-Canadian Community House (FCCH)**. Founded in 2004, FCCH is a charitable, non-profit, non-political, non-sectarian organization (service agency). FCCH is a base for the community to unite and develop initiatives responding to the needs and help fulfill aspirations of our diverse multicultural community.

OUR VISION

To live a better quality of life for the community where our aspirations are fulfilled.

OUR MISSION

FCCH will support each member and the community through programs and services that advocate, empower and enhance a healthy, safe, comfortable and happy lifestyle for all.

OUR GOALS

- ✓ To be able to raise funds for continuing operations of our programs and services
- ✓ To provide support services for newcomers, youth, adults, seniors and marginalized groups including advocacies and delivery of social programs to relieve loneliness, isolation and other miserable conditions

- ✓ To assist in the adaptation and integration of newcomers, families in crises in the mainstream of Canadian society
- ✓ To assist those affected by domestic violence (families, youth, seniors) through psycho-social support services and training
- ✓ To provide other support services for immigrants and refugees in need to include pre-employment training, job search tools, cross cultural orientations.

OUR VALUES

- We value the solidarity of our families and neighbors thus providing services to promote safety, peace and order in our homes and the community
- We believe in an honest, trustworthy and committed leadership that motivates, initiates, innovates and provide clear directions for the achievement of our goals with high ethical standards of practice and smooth human relations with everybody
- We value camaraderie, active participation, cooperation and mutual support within the organization and we respect, network and collaborate with other organizations

WE ARE ALL ON THIS TOGETHER!

ALL FOR THE GOOD OF HUMANITY!

Volunteer... Be a Member... Give Back to the Community!

Share your knowledge, skills and talents. Provide your free time with productive outputs. Volunteering is an awesome way to give back to the community and meet new friends.

Donate...

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